

Toxicités cardiaques des Immunothérapies

GERCOR

19 Septembre 2019

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REPIRATORY

Pneumonitis
Pleuritis
Sarcoid-like
granulomatosis



EYE

Uveitis
Conjunctivitis
Scleritis, episcleritis
Blepharitis
Retinitis

**CARDIO
VASCULAR**

Myocarditis
Pericarditis
Vasculitis

RENAL
Nephritis

NEUROLOGIC

Neuropathy
Guillain Barré
Myelopathy
Meningitis
Encephalitis
Myasthenia



**MUSCULO
SKELETAL**

Arthritis
Dermatomyositis

- New

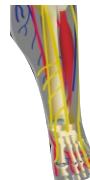
- Diverse

-

Uncommon

BLOOD

Hemolytic anemia
Thrombocytopenia
Neutropenia
Hemophilia



ENDOCRINE

Hyper or
hypothyroidism
Hypophysitis
Adrenal insufficiency
Diabetes

**GASTRO
INTESTINAL**

Colitis
Ileitis
Pancreatitis
Gastritis

LIVER

Hepatitis

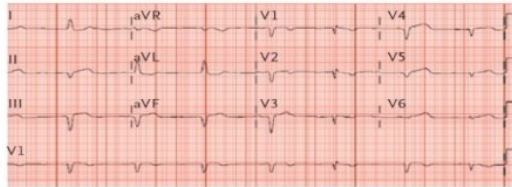
SKIN

Rash
Pruritus
Psoriasis
Vitiligo
DRESS
Stevens Johnson

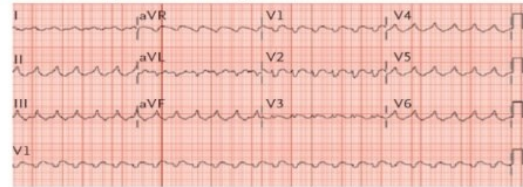
What are the complications associated with ICI

Fulminant Myocarditis with Combination Immune Checkpoint Blockade

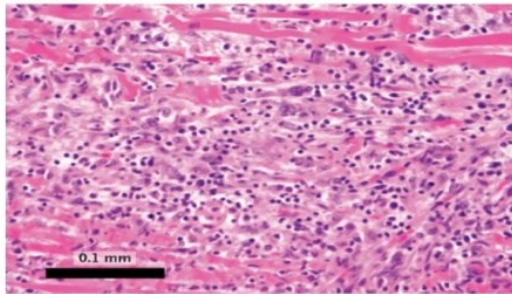
A ECG Showing Complete Heart Block



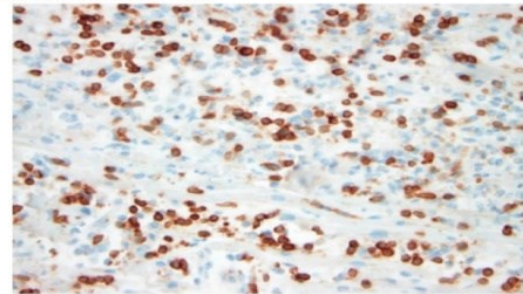
B ECG Showing Ventricular Tachycardia



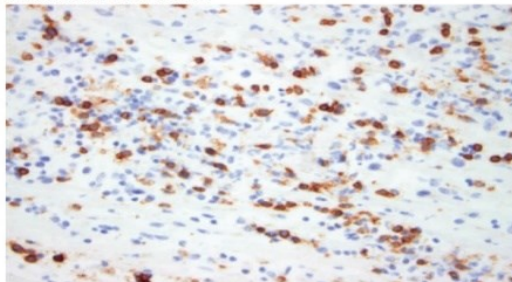
C Lymphocytic Infiltration of the Myocardium



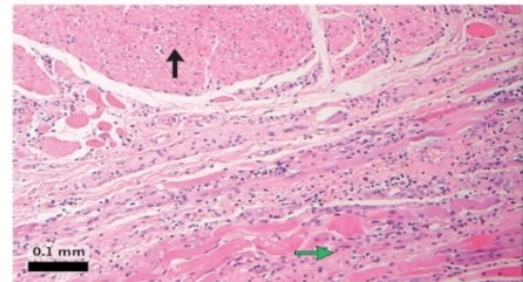
D Infiltrate with CD3+ T cells



E Infiltrate with CD8+ T Cells



F Skeletal and Smooth Muscle



Fulminant Myocarditis with Combination Immune Checkpoint Blockade
Incidence of myocarditis in patients receiving nivolumab or Ipilimumab plus Nivolumab

Characteristics	Nivolumab (n=17620)	Nivolumab plus Ipilimumab (n=2974)
		No (%)
Myocarditis		
Any	10 (0,06)	8 (0,27)
Fatal events	1 (< 0,01)	5 (0,17)
Myositis		
Any	27 (0,15)	7 (0,24)
Fatal events	2 (0,01)	1 (0,03)

LOW INCIDENCE

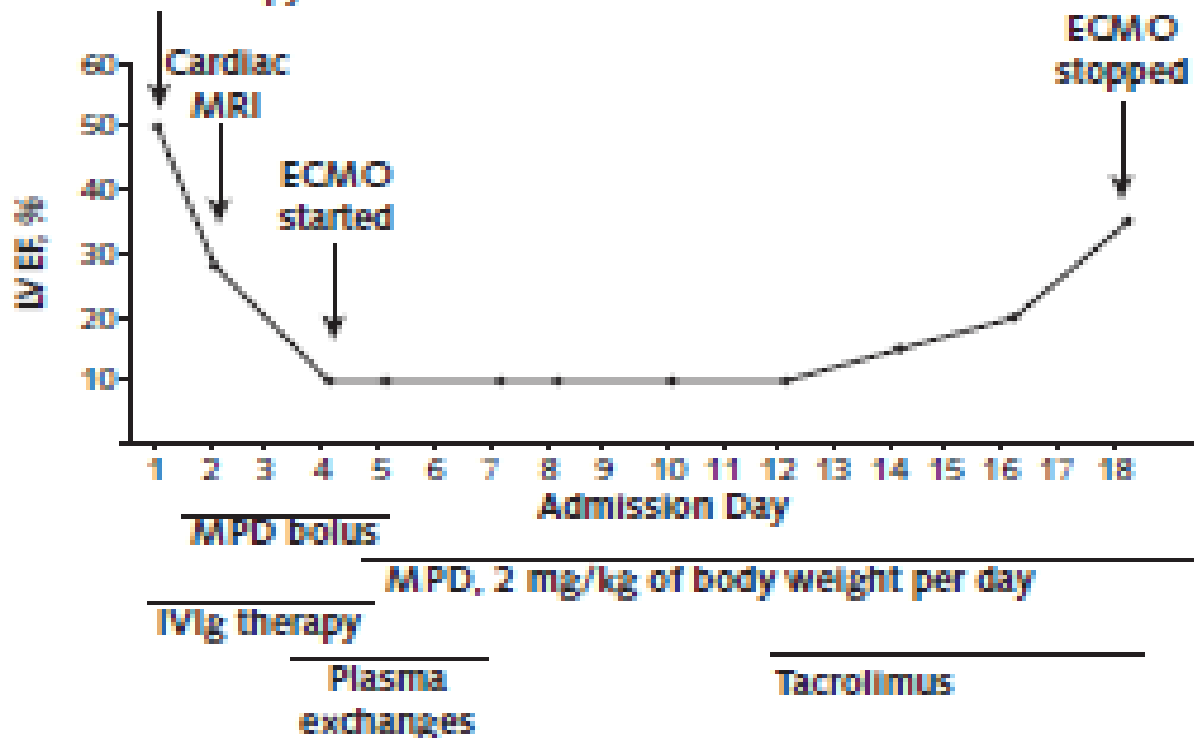
Summary of case reports and series of cardiovascular toxicities associated with cancer immune therapies

Author	Pts	Age/sex	Tumor type	treatment	Onset	Clinical presentation
Voskens 2013	1	61 / F	Melanoma	Ipi	16	NA
Roth 2016	1	60 / M	Melanoma	Ipi	18	Palpitations
Yun 2015	1	59 /M	Melanoma	Ipi	21	Chest pain Dyspnea
Geisler 2015	1	83/F	Melanoma	Ipi	12	Chest pain Dyspnea
Tadokoro 2016	1	69/F	Melanoma	Nivo	8	Malaise Palpitation
Laubli 2015	1	73/F	Melanoma	Pembro	15	Dyspnea
Zimmer 2016	5	49-87	Melanoma	Nivo,Pembro	2-17	fatigue
Johson 2016	2	65/F,63/F	Melanoma	Ipi+Nivo Ipi nivo	2 6	Dyspnea,Anasarca, Peripheral edema
Heinzerling 2016	1	72/M	Melanoma	ACT MAIGE A3TCR	< 1	CP arrest
Linette 2016	2	63/M,57/M	Melanoma	ACT MAGE A3TCR	< 1	HypoTa, HypoX, AMS

16 pts, Melanoma, Early onset < 21 days, paucity of symptoms

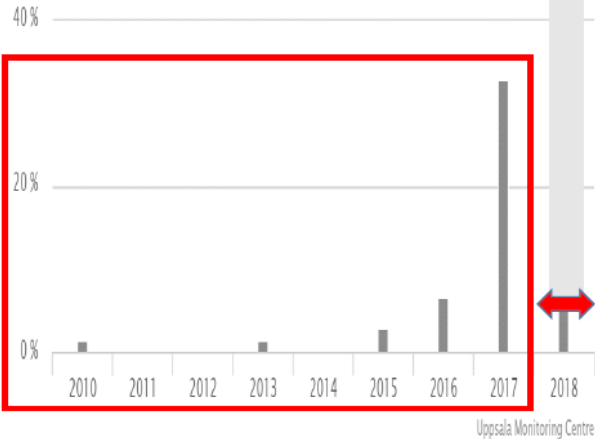
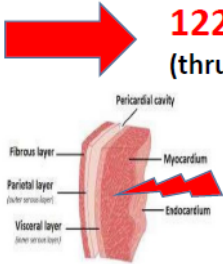
Survival After Fulminant Myocarditis induced by Immune-checkpoints inhibitors

Day 15 after combination immunotherapy



Myocarditis

122 myocarditis
(thru 01/2017)



n:290

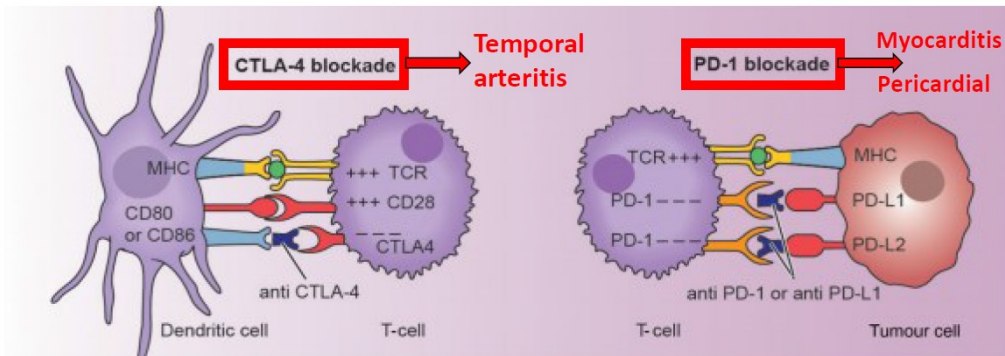
N,%	
78 (66.7)	Gender, Male
66.4 ± 12.7	Age at onset, mean ± SD, years
84 (68.9)	Monotherapy with Anti PD-1/PD-L1
6 (4.9)	Monotherapy with Anti CTLA-4
32 (26.2)	Combination therapy
1 (1-2.75)	Number of ICI admin before onset, median [IQR], [min-max]
30 [18-60]	Time to irAE onset, days: Median, [IQR]
61 (50.0)	Death
42 (40.7)	Malignant melanoma
33 (32.1)	Lung cancer
11 (10.7)	Renal cell carcinoma
	Concurrent irAE
36 (29.5)	None (lone)
19 (15.6)	Gastro-intestinal disorders (any)
13 (10.7)	- Hepatitis / hepatic failure
9 (7.4)	- Colitis / diarrhea / gastroenteritis / enteritis
6 (4.9)	Endocrino-metabolic disorders (any)
16 (13.1)	Pulmonary disorders (Pneumonitis)
49 (40.2)	Cardiovascular disorders (any)
23 (18.9)	- Arrhythmia
19 (15.6)	- Cardiac failure or shock / pulmonary edema
34 (27.9)	Musculoskeletal disorders (Myositis/Rhabdomyolysis)
13 (10.7)	Neurologic disorders (Myasthenia gravis)

Salem JE. et al. Lancet Oncol. 2018 Dec;19(12):1579-1589.

EARLY ONSET

Salem JE Lancet Oncol. 2018 ;19:1579-1589

Total number of ICSRs	Overall immunotherapy (IMU; n: 31,321)			Full database (full; starting 2008; n: 12,455,401)	ROR and 95% CI [,] PD1 vs. CTLA4	ROR and 95% CI [,] COMB vs. MONO	ROR and 95% CI [,] IMU vs. full
	MONO (n: 28,909)		COMB (n: 2,412)				
	MONO-PD1 (n: 20,643)	MONO-CTLA4 (n: 8,266)					
Number of ICSRs by CV-ADR subgroup							
Myocarditis	84 (0.41%)	6 (0.07%)	32 (1.3%)	4,454 (0.04%)	5.62 [2.46-12.88]	4.31 [2.86-6.38]	11.21 [9.36-13.43]
Pericardial diseases	74 (0.36%)	13 (0.16%)	8 (0.33%)	10,009 (0.08%)	2.28 [1.27-4.12]	1.1 [0.53-2.24]	3.8 [3.08-4.62]
Vasculitis	56 (0.27%)	18 (0.22%)	8 (0.33%)	20,987 (0.2%)	1.25 [0.73-2.12]	1.3 [0.62-2.67]	1.56 [1.25-1.94]
Number of ICSRs in vasculitis-ADR subgroup							
Temporal arteritis	7 (0.03%)	10 (0.12%)	1 (0.04%)	568 (<0.01%)	0.28 [0.11-0.74]	0.71 [0.07-3.94]	12.99 [8.12-20.77]
Polymyalgia rheumatica	14 (0.07%)	1 (0.01%)	1 (0.04%)	1254 (0.01%)	5.61 [0.74-42.66]	0.8 [0.08-4.62]	5.13 [3.13-8.40]

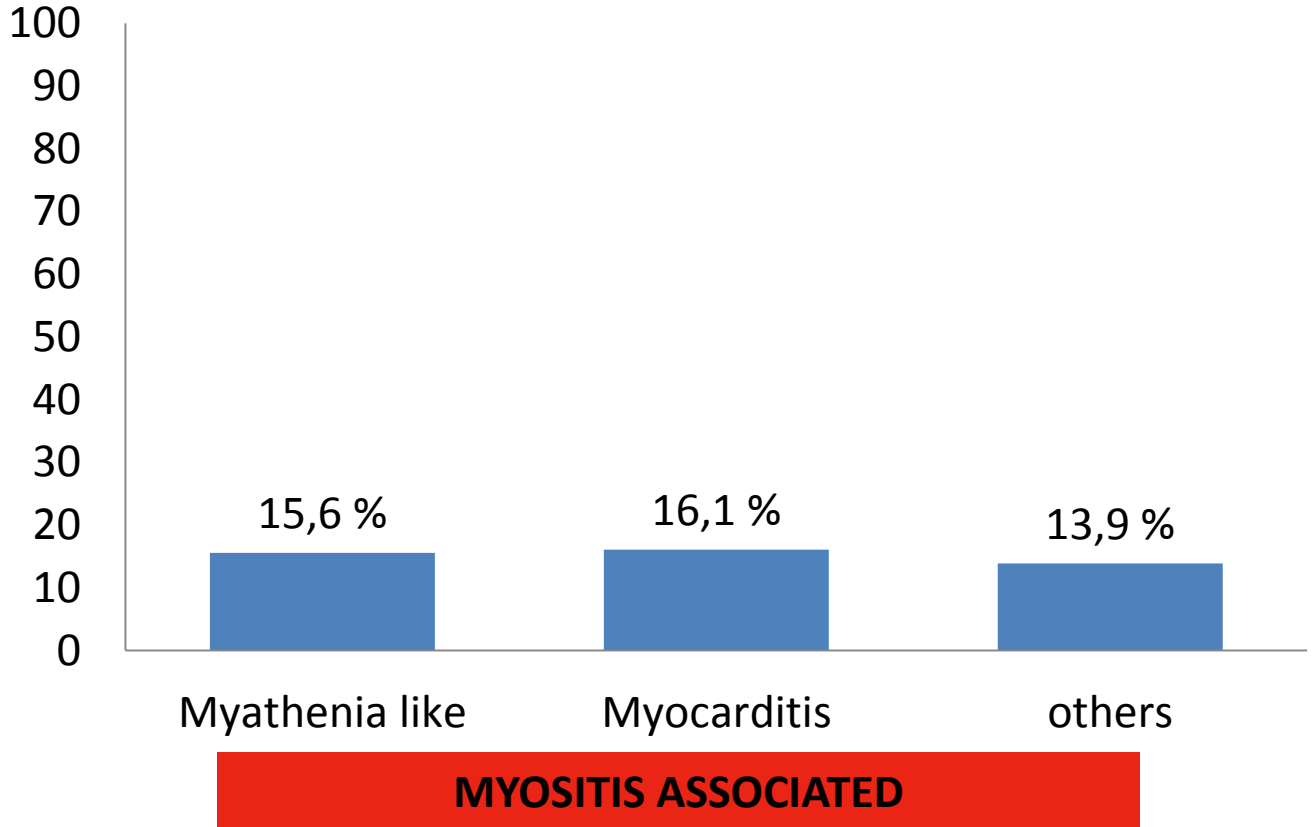


COMBOTHERAPY = RISK FACTOR

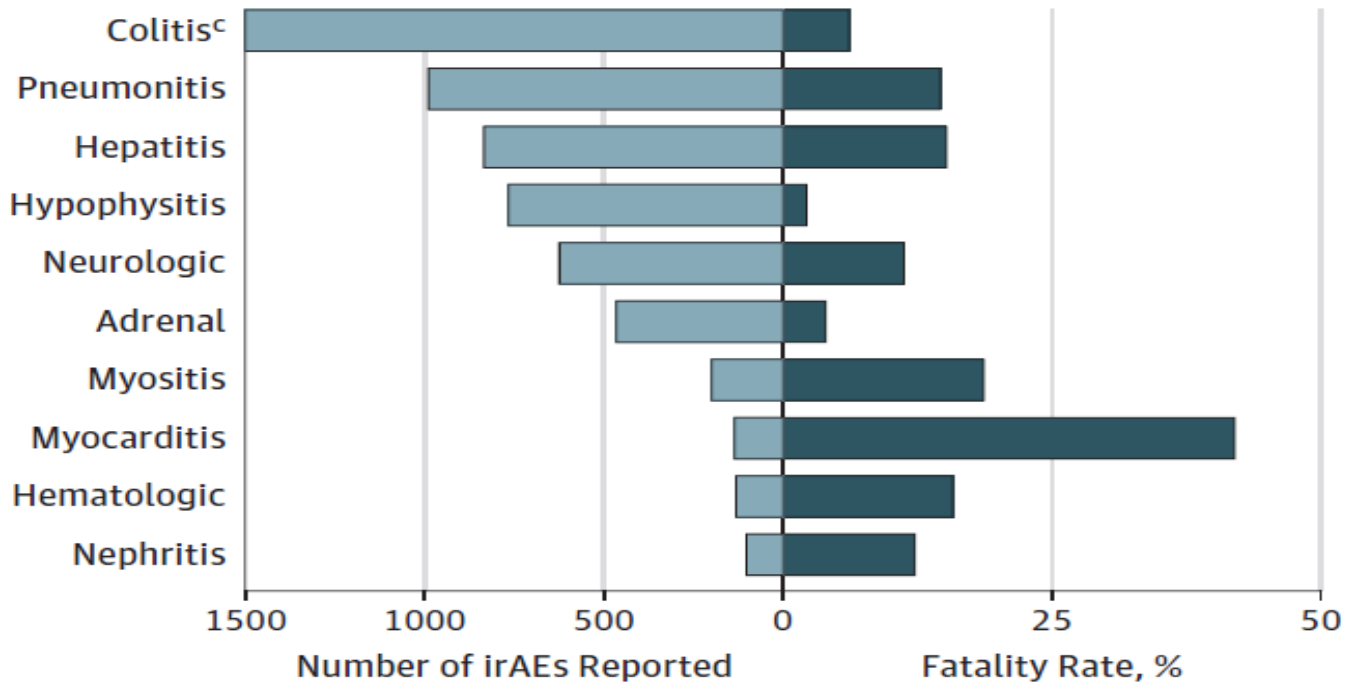
Immune checkpoint inhibitor-associated myositis

Description of pts with ICI associated Myositis

n= 180



Number of cases and fatality rate for each class of toxic effect



High Fatality Rate

Cardiovascular toxicities associated with immune checkpoints inhibitors
An observational, retrospective, pharmacovigilance study

	ICRs reported for ICI (n=31 321)	ICRs reported in the full database (n=16 343 451)	IC (IC₀₂₅)
Myocarditis	122 (0,39%)	5515 (0,03%)	3,47 (3,20)
Pericardial disease	95 (0,30%)	12800 (0,08%)	1,93 (1,63)
SV arrhythmias	222 (0,71%)	68 597 (0,42%)	0,75 (0,66)
Vasculitis	82 (0,26%)	33 289 (0,20%)	0,36 (0,03)
Endocardial Disorders	8(0,03%)	3149 (0,02%)	0,38 (-0,79)
Conductive Disorders	37 (0,12%)	26 008 (0,16%)	-0,42 (-0,93)

How should we diagnose ICI related myocarditis

Common Terminology Criteria for Adverse Events (CTCAE)

Version 5.0

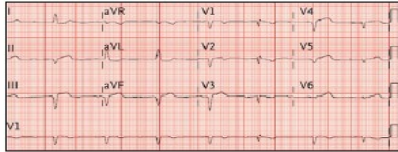
Published: November 27, 2017

Cardiac disorders					
CTCAE Term	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
Myocarditis	-	Symptoms with moderate activity or exertion	Severe with symptoms at rest or with minimal activity or exertion; intervention indicated; new onset of symptoms	Life-threatening consequences; urgent intervention indicated (e.g., continuous IV therapy or mechanical hemodynamic support)	Death
Definition: A disorder characterized by inflammation of the muscle tissue of the heart. Navigational Note: -					

How to diagnose Myocarditis

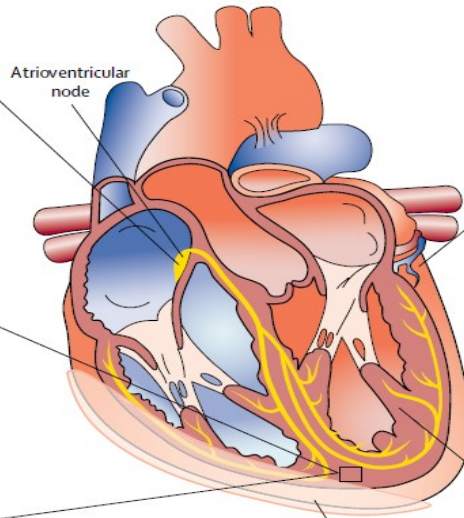
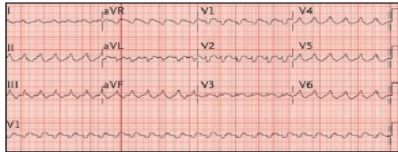
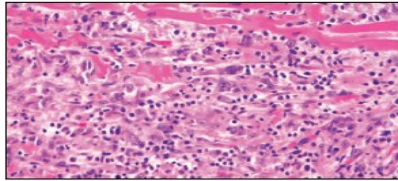
Conduction disease

- Atrioventricular block



Myocarditis

- Heart failure
- Ventricular arrhythmias

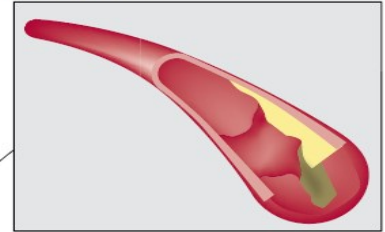


Pericarditis

- Effusion
- Tamponade

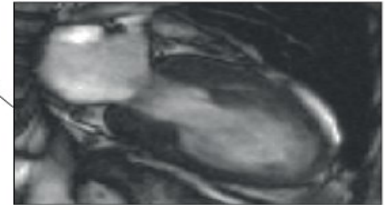
Coronary artery disease

- Atherosclerotic plaque rupture
- Acute myocardial infarction
- Coronary vasculitis



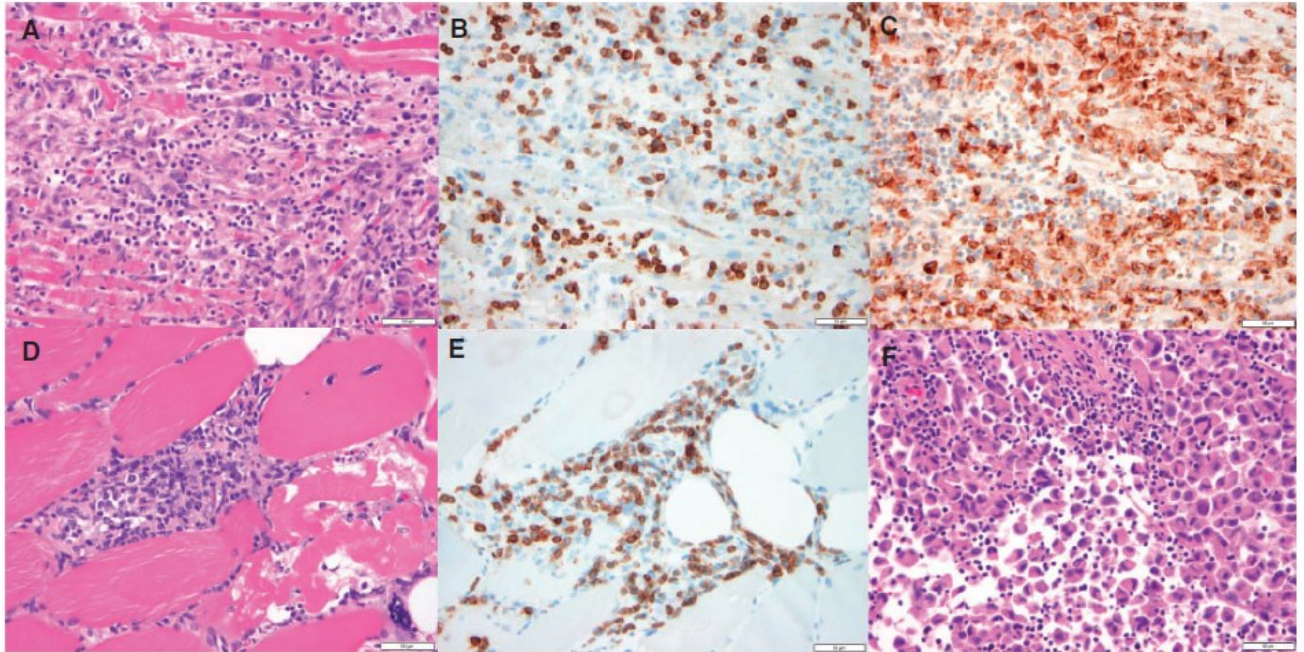
Non-inflammatory left ventricular dysfunction

- Heart failure
- Takotsubo syndrome

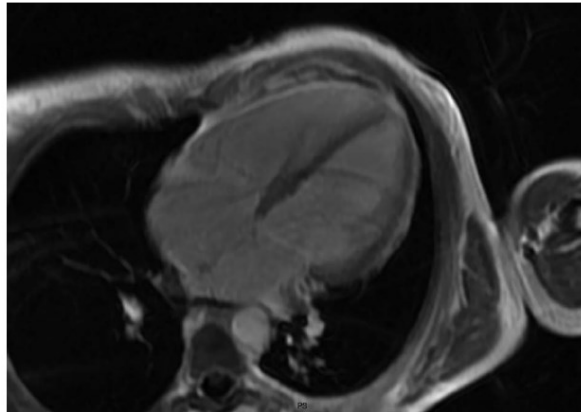
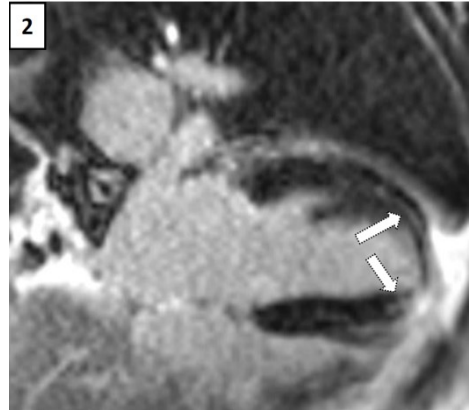
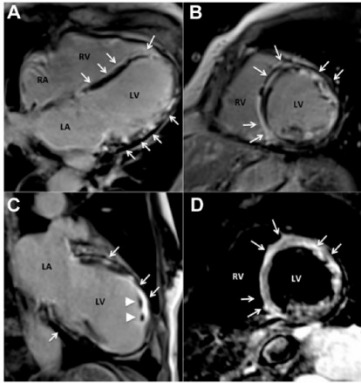


Clinical - ECG – Troponin – Echo – CMR - EBM

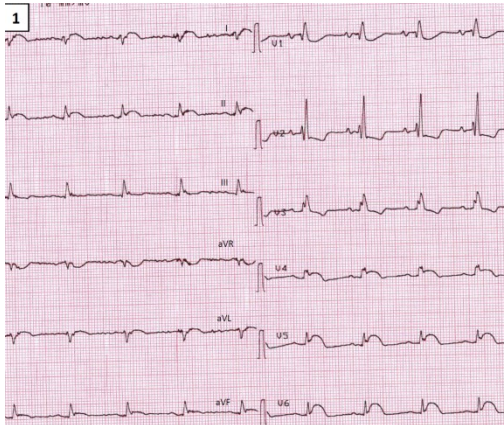
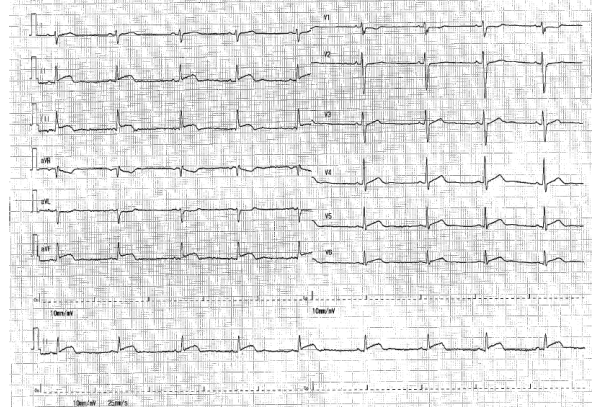
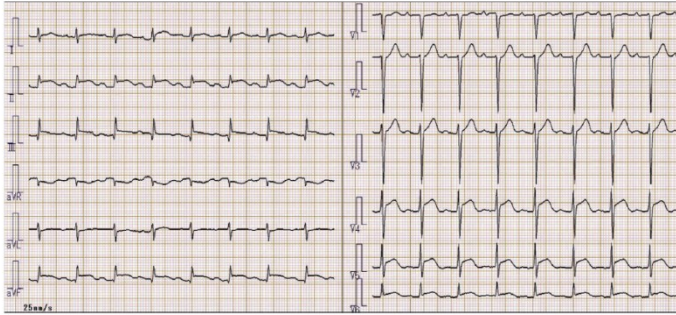
Endocardial Biopsy and ICI



CMR and ICI myocarditis



ECG and myocarditis

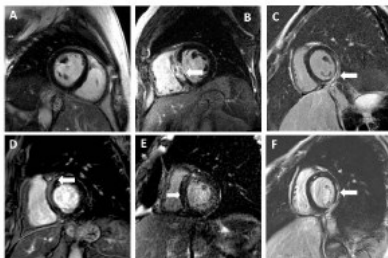
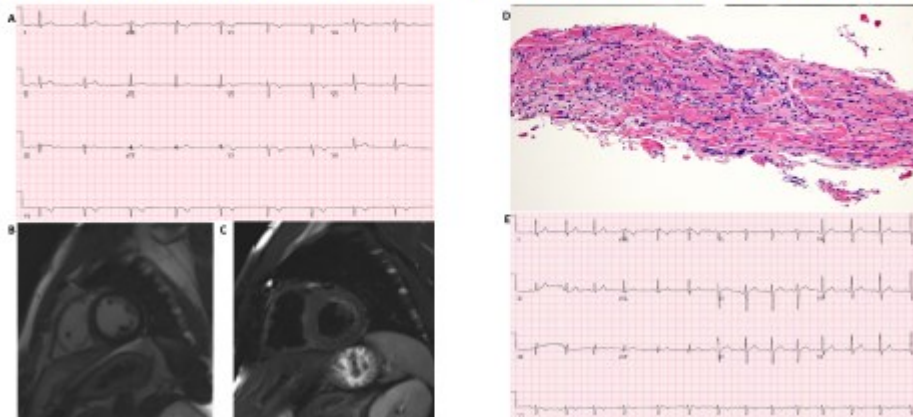


However.....

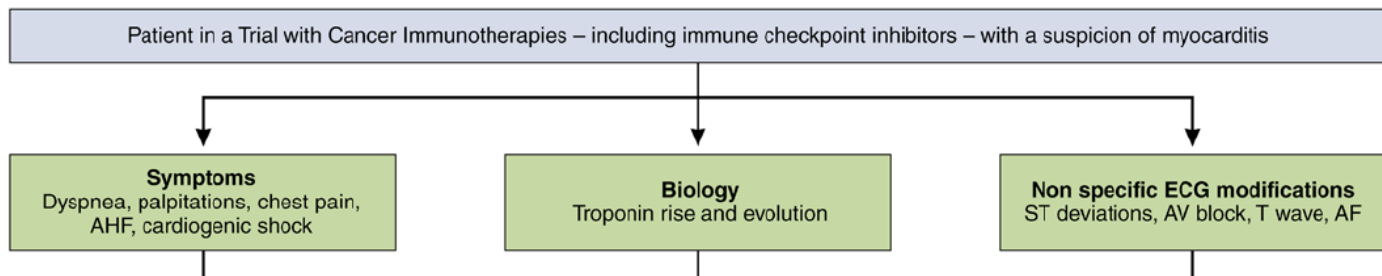
Late Gadolinium Enhancement in Patients with Myocarditis from Immune Checkpoint Inhibitors

Lili Zhang MD, MS, Magid Awadalla, MD, Syed S. Mahmood MD, MPH, John D. Groarke, MB BCH, MPH; Kerry L. Reynolds, MD, Raza M. Alvi, MD, Shiyong Liu, MD, Malek Z.O. Hassan, MD, Justine V. Cohen, DO, Anju Nohria, MD, Adam Rokicki, BS, Maeve Jones-O'Connor, MD, Sean P.T. Murphy, MD, Lucie M. Heinzerling, MD, MPH, Michael C. Kirchberger, MD, Merna Armanious, MD, Gagan Sahni MD, Javid J. Moselehi, MD, Ryan J. Sullivan, MD, Carol L. Chen, MD, Dipri Gupta, MD, MPH, Sachin P. Shah, MD, Sarju Ganatra, MD, Stephane Ederhy, MD, Franck Thumy, MD, PhD, Alexander R. Lyon, MD, Carlo G. Tocchetti, MD, PhD, Muhammad A. Rizvi, MD, Donald P. Lawrence, MD, Paaladinesh Thavendranathan, MD, Michael G. Fradley, MD, Tomas G. Neilan, MD, MPH

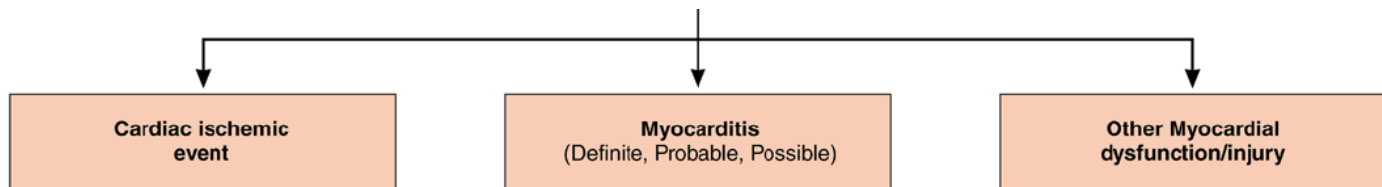
Figure 4. A representative Case of ICI-associated Myocarditis With a Normal CMR: A 49-year old man with metastatic renal cell carcinoma was started with Nivolumab in March 2018. One month later, he presented with diaphoresis, nausea and fatigue. He had abnormal EKG (A), normal LGE images for fibrosis, normal T2 images for myocardial edema (C). But EMB showed lymphocytic myocarditis, similar to grade 3B transplant rejection (D). After being treated with high dose, his EKG had normalized (E).



A proposed approach to diagnosis of myocarditis in the setting of ICI use



Circulation. 2019;140:80–91. DOI: 10.1161/CIRCULATIONAHA.118.034497



A proposed approach to diagnosis of myocarditis in the setting of ICI use

Myocarditis – A Proposed Definition

Hierarchical definition accounting for different levels of evidence

Pathology

Imaging

ECG

Syndrome

Biomarkers

For all/other diagnosis/explanations (e.g. ACS) must be excluded

Definite Myocarditis:

- Pathology
OR
- Diagnostic CMR + syndrome + (biomarker or ECG)
OR
- ECHO WMA + syndrome + biomarker + ECG + negative angiography

Probable Myocarditis:

- Diagnostic CMR (no syndrome, ECG, biomarker)
OR
- Suggestive CMR with either syndrome, ECG, or biomarker
OR
- ECHO WMA and syndrome (with either biomarker or ECG)
OR
- Syndrome with PET scan evidence and no alternative diagnosis

Possible Myocarditis:

- Suggestive CMR with no syndrome, ECG or biomarker
OR
- ECHO WMA with syndrome or ECG only
OR
- Elevated biomarker with syndrome or ECG and no alternative diagnosis

ICI related Myocarditis

```
graph TD; A[ICI related Myocarditis] --> B[Low incidence]; A --> C[Thymome]; A --> D[Concomitant IRAe]; B --- B1[Early Onset]; B --- B2[High Fatality Rate]; B --- B3[Aspecific presentation]; C --- C1[Auto Immune History]; C --- C2[Combo IO]; C --- C3[IO combined with MTA]; D --- D1[Concomitant IRAe]
```

Low incidence

Early Onset

**High Fatality
Rate**

**Aspecific
presentation**

Thymome

**Auto Immune
History**

Combo IO

**IO combined
with MTA**

Concomitant IRAe

**What the cardiologist need
ICI myocarditis suspicion**

Myocarditis

**Clinical Exam
Vital Sign**

ECG

**Biomarker
TnI, BNP**

**Baseline ECG, Bm if
available**

Onco History

**Auto Immune
History**

Combo IO

Nb of Infusion

Concomitant IRAe

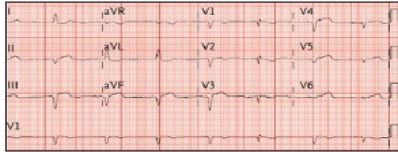
**Clinical Examen
Myositis, ...**

Lab

How to diagnose Myocarditis

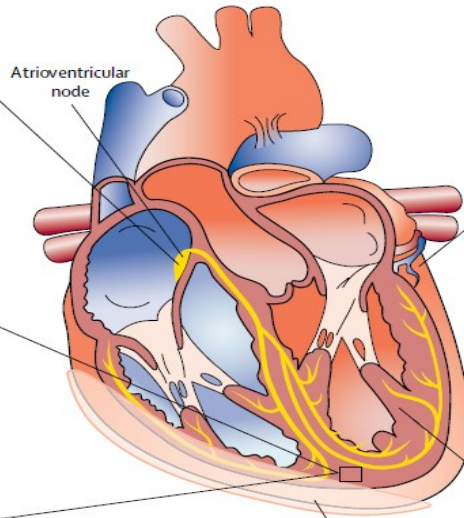
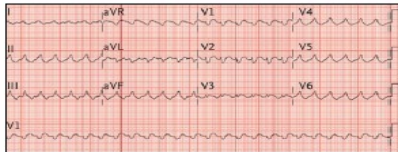
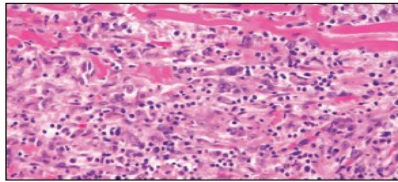
Conduction disease

- Atrioventricular block



Myocarditis

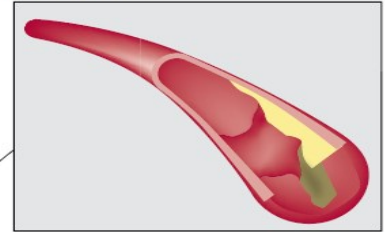
- Heart failure
- Ventricular arrhythmias



- Pericarditis
- Effusion
 - Tamponade

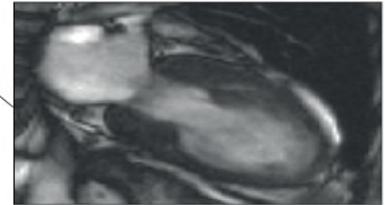
Coronary artery disease

- Atherosclerotic plaque rupture
- Acute myocardial infarction
- Coronary vasculitis



Non-inflammatory left ventricular dysfunction

- Heart failure
- Takotsubo syndrome



Clinical - ECG – Troponin – Echo – CMR - EBM

How to treat ICI related myocarditis ?

CLINICAL PRACTICE GUIDELINES

Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up[†]

J. B. A. G. Haanen¹, F. Carbonnel², C. Robert³, K. M. Kerr⁴, S. Peters⁵, J. Larkin⁶ & K. Jordan⁷, on behalf of the ESMO Guidelines Committee*

Cardiac toxicity

- When a myocarditis is suspected, admit the patient and immediately start high-dose (methyl)prednisone (1–2 mg/kg). In the case of deterioration, consider adding another immunosuppressive drug (MMF or tacrolimus) [V, B].

Management of Immune-Related Adverse Events in Patients Treated With Immune Checkpoint Inhibitor Therapy: American Society of Clinical Oncology Clinical Practice Guideline

Brahmer JR, et al.

June 2018

9.0 Cardiovascular Toxicities

9.1 Myocarditis, pericarditis, arrhythmias, impaired ventricular function with heart failure and vasculitis

Definition: signs and symptoms may include chest pain, arrhythmia, palpitations, peripheral edema, progressive or acute dyspnea, pleural effusion, fatigue

Diagnostic work-up

At baseline

ECG

Consider troponin, especially in patient treated with combination immune therapies

Upon signs/symptoms (consider cardiology consult)

ECG

Troponin

BNP

Echocardiogram

CXR

Additional testing to be guided by cardiology and may include

Stress test

Cardiac catheterization

Cardiac MRI

Grading

Management

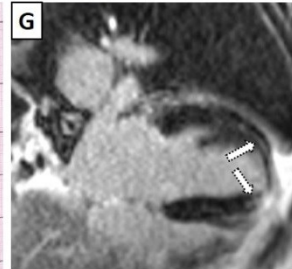
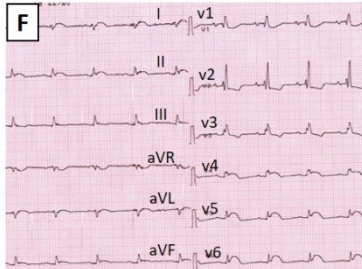
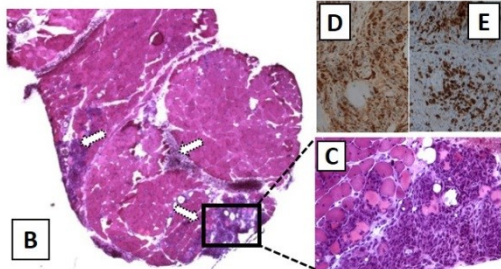
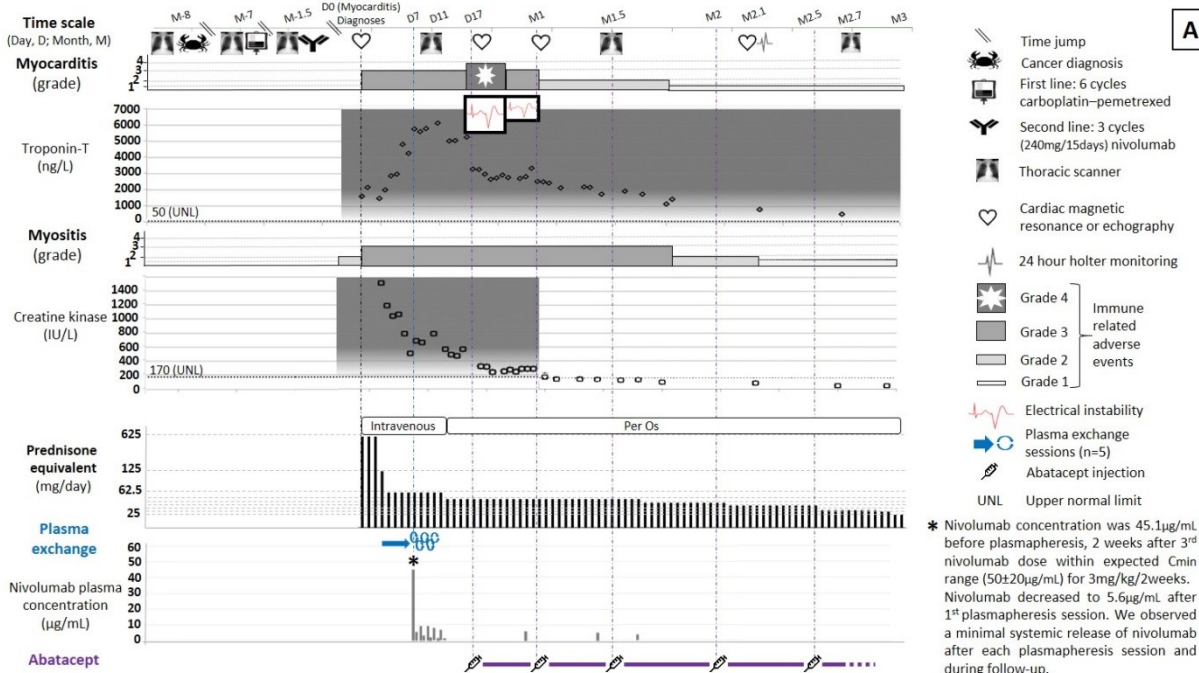
G1	Abnormal cardiac biomarker testing, including abnormal ECG
G2	Abnormal screening tests with mild symptoms
G3	Moderately abnormal testing or symptoms with mild activity
G4	Moderate to severe decompensation, IV medication or intervention required, life-threatening conditions

All grades	warrant work-up and intervention given potential for cardiac compromise
	Consider the following:
	Hold ICPI and permanently discontinue after G1
	High-dose corticosteroids (1-2 mg/kg of prednisone) initiated rapidly (oral or IV depending on symptoms)
	Admit patient, cardiology consultation
	Management of cardiac symptoms according to ACC/AHA guidelines and with guidance from cardiology
	Immediate transfer to a coronary care unit for patients with elevated troponin or conduction abnormalities
	In patients without an immediate response to high-dose corticosteroids, consider early institution of cardiac transplant rejection doses of corticosteroids (methylprednisolone 1 g every day) and the addition of either mycophenolate, infliximab, or antithymocyte globulin

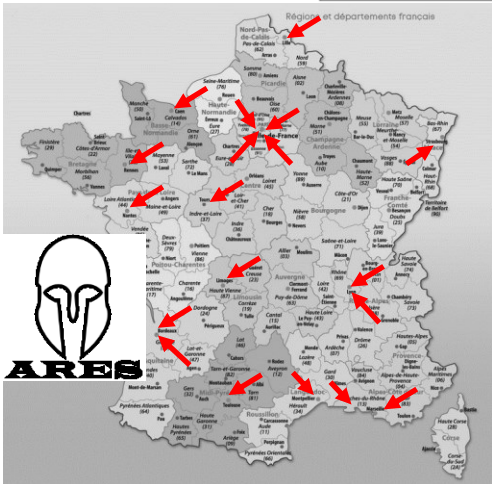
Qualifying statement: Treatment recommendations are based on anecdotal evidence and the life-threatening nature of cardiovascular complications. Holding checkpoint inhibitor therapy is recommended for all grades of complications. The appropriateness of rechallenging remains unknown. Note that infliximab has been associated with heart failure and is contraindicated at high doses in patients with moderate-severe heart failure.¹⁰⁸



Abatacept for Severe Immune Checkpoint Inhibitor–Associated Myocarditis



Salem JE, et al.
N Engl J Med.
2019 Jun
13;380(24):237
7-2379.



Project title

ARES01 – Abatacept, for treatment of severe cortico-resistant immune checkpoint inhibitors
Related adverse events

GENERAL INFORMATION

First name and name of coordinator

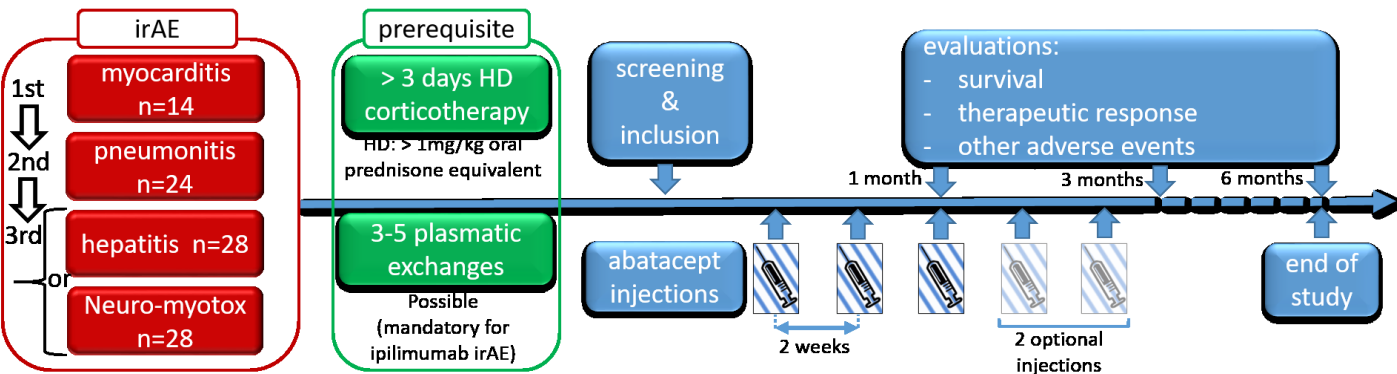
Joe-Elie Salem

Primary objective : 3 months overall mortality

Power calculation: decrease $\geq 50\%$ vs. prior estimates

A priori mortality

<u>Myocarditis:</u>	<u>Pneumonitis:</u>	<u>Hepatitis:</u>	<u>Neuro-Myotox:</u>
40%	25%	20%	20%



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Sur PSL



Sur SAT



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• Trousseau La Roche-Guyon • Tenon



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